# Prayer Journal

# Prayer Journal

Prayer Boost

# 5-minute devotionals

## 3 Steps for Turning Scripture into Prayer

1. Pick Your Passage.

It would be helpful to start by picking a relatively short and familiar passage of the Bible. Don't pick a brand-new verse you've never studied. Make sure you understand the context and meaning of the verse. Even if it means reading the context first.

2. Read Your Passage.

I would suggest reading over your passage several times, especially aloud.

3. Pray Your Passage.

Begin like you would a normal prayer. (Dear Father, Dear Jesus, Oh Lord, etc.) If you are writing out your prayer, treat it like writing a letter. Answer the following question: What command do I see? Ask God for help in obedience. What aspects of God's character are revealed? Praise Him for Who He is. What is God doing? Give Him thanks for His good works. What sin does it reveal in your heart? Confess it in your prayer.

## Your Turn!

Psalm 23:1-3

2 Corinthians 12:9-10

Joshua 1:9

James 1:5-8

# Reflect

## Love & Inner Beauty

Have you ever found yourself forming an opinion about a topic, possibly even sharing it with others, only to reverse your viewpoint after gaining a deeper understanding of the matter? Recall a time when you may have lost your temper or arrived at a hasty conclusion. Reflect on how those moments affected you. Scripture encourages us to listen with intention, to speak with consideration, and to manage our anger. Do you find any of these practices challenging, and if so, why? Consider the value of bringing your true feelings and struggles before God in prayer.

week of:

# LORD thank you

# Teach Me

# Guide Me

# things on my heart:

## highlights

## prayer requests

# Prayer Journal

Date :_____

Prayer Focus: _____

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# Prayer Journal

Date :_____

Focus of Sermon:_____

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# Prayer Journal

Date :_____

Prayer Focus: _____